

OPEN GATE KITCHEN



GRAB & GO BOWLS

Made fresh daily, chilled, SO GOOD! Who says you can't eat victoriously on the go?

OG's Korean-Style BBQ

Korean BBQ Sauce / Brown Rice / Baby Bok Choy / Pickled Onions / Boiled Eggs / Toasted Sesame Seeds

Mexi-Cali

Brown Rice / Black Beans / Grilled Corn / Red Onions / Tomatoes / Cilantro / Cotija Cheese / Avocado Cream / Lime Wedge

Mediterranean

Red Onions / Feta Cheese / Orzo Pasta / House Honey Citrus Vinaigrette / Grilled Vegetables - Italian Squash, Yellow Squash, Red Bell Peppers, Eggplant / Olive Oil / Lemon

Spring Alive Salad

Mixed Greens / Sliced Strawberries / Raspberries / Blue Cheese Crumbles / Candied Pecans / Raspberry Vinaigrette

My Thai

Brown Rice / Sautéed Carrots & Red Cabbage / Sprouts / Shredded Eggs / Orange Peanut Sauce / Lime Wedge / Cilantro

Super Bowl

Toasted Quinoa / Roasted Sweet Potatoes / Red Onions / Avocado Cream / Sautéed Kale / Citrus Ginger Dressing

India Inspired

Butter Chicken / Brown Rice / Quinoa / Sautéed Carrots & Red Cabbage / Fresh Mint / Cilantro

SALAD BOWLS

Perfect as a meal or a side to share. Choices as light or as hearty as you like!

Victory Lap

Quinoa / Spinach / Red Onions / Sliced Apples / Crumbled Feta / House Honey Citrus Vinaigrette

Simply Grains & Beans

Navy Beans / Chickpeas / Quinoa / Kale / House Honey Citrus Vinaigrette

Winter Mix

Mixed Greens / Roasted Butternut Squash / Beets / Toasted Pepitas / Toasted Quinoa / House Honey Citrus Vinaigrette

All Hail Kale

Kale / Cranberries / Dried Apples / Shredded Brussel Sprouts / Quinoa / Toasted Almonds / House Honey Citrus Vinaigrette

EGGCELLENT BITES

These delish, energy-filled protein treats will keep you going!

Love, Bacon

Four Egg Halves / Candied Nuts / Gouda Cheese / Topped with Bacon Candy

Protein Party

Four Egg Halves / Tuna / Candied Nuts / Cheddar Cheese

Nice 'n Spicy

Four Egg Halves / Candied Nuts / Pepper Jack Cheese / Spicy Sauce

Curry Flurry

Four Egg Halves / Curry Cream / Pepper Jack Cheese / Candied Nuts



Open Gate Kitchen is operated by graduates of Open Gate International's Culinary Arts program for survivors of vulnerable life situations.

www.opengateintl.org

